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QUOTED. 12 July 2019. Carlos Nunez.

by

A new multinational study by sleep device-maker ResMed and 12 academic leaders in sleep research found that nearly one billion people worldwide have sleep apnea, about 10 times higher than previous estimates by the World Health Organization. See what study co-author and ResMed's CMO, Carlos Nunez, said about it here.

"Many will attribute the resulting tiredness to aging or stress. Others will mention the problem to their doctor, only to be misdiagnosed with insomnia, migraines, chronic fatigue or other conditions. Misdiagnosis is especially common in women, since sleep apnea was long thought to be much more common in men." – Carlos Nunez, CMO, ResMed

Find out more: [ResMed Study Claims Nearly One Billion People Worldwide Have Sleep Apnea](#)

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